

CERTIFICATE OF PARTICIPATION

This is to certify that

Bernard Dickens

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:53:55

PACE 08:45/km

OVERALL 83 of 149

GENDER 55 of 79

50 - 59 6 of 10

23 June 2019, Sun

Date



BoutTime

Signature

